

Area Agency on Aging Region X Menu Plan

Mar-25

Monday	Tuesday	Wednesday	Thursday	Friday
3rd	4th	5th	6th	7th
Chicken Fried Steak / white gravy	Lasagna / w Meat Sauce	Biscuits and Gravy	BBQ Meatballs	Cook's Choice
Mashed Potatoes	Dark Green Leafy Salad	Sausage	Mashed Potatoes w Gravy	
California Blend	Italian Blend Veggies	Scrambled Eggs	Broccoli	
Wheat Roll	Garlic Bread	Hashbrown	Pears	
Peaches	Brownie	Pineapple/Orange Juice	Wheat Rolls	
Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk
10th	11th	12th	13th	14th
Chicken Tender	Cornbread Pork Cutlet	Cheeseburger w/ Bun	Chicken Salad w/ Celery & Onion	Taco Salad (meat, cheese, & beans)
Baked Sweet Potatoes	Mashed Potatoes w/ Gravy	Lettuce, Tomato, Onion, Pickle	on Sliced Wheat Bread	Lettuce, Tomatoes, & Onions
Dark Green Leafy Salad	Carrots	Potato Wedges	Cucumber, Tomato and Onion Salad	Tropical Fruit
Hot Roll	Fruit Cocktail	Broccoli Salad	Potato Salad	Tostitos
Baked Cinnamon Apples	Wheat Roll	Apple Crisp	Jello Fluff	Pudding
Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk
17th St Patty's Day	18th	19th	20th	21st
Irish Coddle Stew	Swiss Steak w/ Tomatoes and Onions	Meatloaf w/ Ketchup	Oven Fried Chicken	Cooks Choice
W/ Potatoes Onion Carrots	Roasted Potatoes	Mashed Potatoes w/ Gravy	Mashed Potatoes w Gravy	
Fried Cabbage	Carrots	Broccoli	Pea & Carrots	
Bread Pudding	Tropical Fruit	Apricots	Wheat Roll	
Wheat Rolls	Wheat Roll	Wheat Roll	Birthday Cake w Fruit	
Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk
24th	25th	26th	27th	28th
Chicken and Noodles	German Meatballs w Sauerkraut	Creamy Potato Soup	Sloppy Joe	Chef Salad w/ Egg Cheese
Harvard Beets	Mashed Potatoes	Hot Ham & Cheese Sandwich	w/ Bun	Tomatoes Cucumber Onion
California Blend Vegetables	Brussel Sprouts	Dark Green Leafy Salad	Cold Pea Salad	1/2 Ham Sandwich
Warm Spiced Pineapple	Baked Apples w/ Cinnamon	Warm Spiced Peaches	Potato Salad	Tropical Fruit
Wheat Roll	Wheat Roll	Vanilla Ice Cream	Pistachio Fluff w/ Pineapple	Cottage Cheese
Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk
31st				
BBQ Chicken				
Potato Salad				
Marinated Tomato Salad				
Peach Crisp				
Wheat Roll				
Coffee/Tea/Milk				